

Top 50 Performances (All-time): KY Horse Park 4k Course

Girls 4000m Run - KY Horse Park 4k Course

1	15:23.00	Trish Hamilton	11/9/1991	State AAA Championship
2	16:18.80	Emily Ramser	10/25/1997	Meet of Champions
3	16:53.00	Emily Ramser	10/4/1997	Lexington Catholic Invitational
4	16:58.00	Diane Taylor	11/9/1991	State AAA Championship
5	17:05.70	Katie Laird	11/8/1997	State AAA Championship
6	17:12.00	Katie Laird	10/4/1997	Lexington Catholic Invitational
7	17:14.40	Melanie Bloemer	11/8/1997	State AAA Championship
8	17:15.30	Katie Laird	10/25/1997	Meet of Champions
9	17:17.50	Maggie Messerschmidt	11/7/1998	State AAA Championship
10	17:38.00	Melanie Bloemer	10/4/1997	Lexington Catholic Invitational
11	17:39.00	Angie Morrow	11/9/1991	State AAA Championship
12	17:43.70	Abby Ramser	11/7/1998	State AAA Championship
13	18:12.30	Kali Brewer	11/7/1998	State AAA Championship
14	18:13.20	Brittany Renfro	11/7/1998	State AAA Championship
15	18:18.20	Laura Herman	10/25/1997	Meet of Champions
16	18:28.00	Liz Reh	11/9/1991	State AAA Championship
17	18:29.00	Jill Allen	11/9/1991	State AAA Championship
18	18:29.90	Lori McConnell	10/25/1997	Meet of Champions
19	18:47.00	Abby Ramser	10/3/1998	Lexington Catholic Invitational
20	18:50.00	Kali Brewer	10/3/1998	Lexington Catholic Invitational
21	18:51.00	Brittany Renfro	10/3/1998	Lexington Catholic Invitational
22	18:51.80	Diane Thomas	10/25/1997	Meet of Champions
23	18:52.00	Angie Baisch	10/4/1997	Lexington Catholic Invitational
24	18:59.00	Laura Herman	10/4/1997	Lexington Catholic Invitational
25	19:02.00	Lori McConnell	10/4/1997	Lexington Catholic Invitational
26	19:07.10	Angie Baisch	10/25/1997	Meet of Champions
27	19:10.00	Shannon Bemis	11/9/1991	State AAA Championship
28	19:15.00	Julie Scalise	10/4/1997	Lexington Catholic Invitational
29	19:16.00	Lori McConnell	10/3/1998	Lexington Catholic Invitational
30	19:17.00	Rebecca Hash	10/4/1997	Lexington Catholic Invitational
30	19:17.00	Diane Thomas	10/3/1998	Lexington Catholic Invitational
32	19:18.00	Diane Thomas	10/4/1997	Lexington Catholic Invitational
33	19:40.10	Andrea Vivona	10/25/1997	Meet of Champions
34	19:41.00	Laura Herman	10/3/1998	Lexington Catholic Invitational
35	19:44.00	Vanessa Hahn	10/3/1998	Lexington Catholic Invitational
36	19:45.00	Yemicia Akande	11/9/1991	State AAA Championship
37	19:58.00	Andrea Vivona	10/4/1997	Lexington Catholic Invitational
38	20:04.00	Emily Stayton	10/4/1997	Lexington Catholic Invitational
39	20:09.00	Maggie Mangino	10/4/1997	Lexington Catholic Invitational
40	20:10.00	Tracy Schrembs	10/4/1997	Lexington Catholic Invitational
41	20:10.20	Abbie Cahill	10/25/1997	Meet of Champions
42	20:12.00	Rebecca Hash	10/25/1997	Meet of Champions
43	20:15.00	Lauren Keal	10/3/1998	Lexington Catholic Invitational

44	20:18.00	Abby Ramser	10/4/1997	Lexington Catholic Invitational
44	20:18.00	Maggie Mangino	10/3/1998	Lexington Catholic Invitational
46	20:25.80	Tracy Schrembs	10/25/1997	Meet of Champions
47	20:34.00	Angie Baisch	10/3/1998	Lexington Catholic Invitational
47	20:34.00	Laura Dries	10/3/1998	Lexington Catholic Invitational
49	20:43.00	Lauren Keal	10/4/1997	Lexington Catholic Invitational
50	20:53.00	Lauren Wetterer	10/3/1998	Lexington Catholic Invitational