

Top 50 Performances (All-time): River Road/Champions Park 3k Course

Girls 3000m Run - River Road/Champions Park 3k Course

1	12:20.90	Lindsay Marko	9/3/2008	DCAC Lightning F-S Classic - Race 1
2	12:51.10	Nichole Silverstein	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
3	12:59.90	Harper Fearneyhough	9/3/2014	Assumption FS-JV race 1
4	13:00.00	Caroline Cappy	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
5	13:13.10	Colleen McKiernan	9/3/2008	DCAC Lightning F-S Classic - Race 1
6	13:13.40	Emily Bryan	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
7	13:16.40	Lily Samuel	8/29/2012	Assumption Frosh-Soph/JV race 1
8	13:17.60	Carolyn Morris	8/31/2011	Assumption Frosh-Soph/JV Race 1
9	13:17.90	Olivia Boughey	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
10	13:18.50	Sarah Steier	9/3/2008	DCAC Lightning F-S Classic - Race 1
11	13:28.50	Emily Bryan	9/3/2008	DCAC Lightning F-S Classic - Race 1
12	13:35.70	Abby McDonogh	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
13	13:36.10	Isabel Caddo	9/3/2014	Assumption FS-JV race 1
14	13:36.80	Emily Buck	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
15	13:41.10	Erin McHugh	9/3/2008	DCAC Lightning F-S Classic - Race 1
16	13:41.40	Erin McHugh	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
17	13:45.20	Katia Vela	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
18	13:46.80	Allie Robertson	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
19	13:47.20	Amelia Blake	9/3/2014	Assumption FS-JV race 1
20	13:54.40	Lily Samuel	8/31/2011	Assumption Frosh-Soph/JV Race 1
21	13:58.90	Ashley Haupt	8/29/2012	Assumption Frosh-Soph/JV race 1
22	14:04.50	Natalie Remmers	9/3/2008	DCAC Lightning F-S Classic - Race 1
23	14:04.80	Shelby Holzknacht	9/3/2008	DCAC Lightning F-S Classic - Race 1
24	14:05.60	Elise Gibson	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
25	14:05.90	Abby Crum	9/3/2008	DCAC Lightning F-S Classic - Race 1
26	14:06.30	Madison Adams	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
27	14:07.20	Erin Wiedmar	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
28	14:08.10	Maddie Calzi	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
29	14:09.20	Shelby Holzknacht	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
30	14:12.40	Candace Quill	9/3/2008	DCAC Lightning F-S Classic - Race 1
31	14:12.90	Miranda Schmidt	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
32	14:14.30	Alyssa Ecton	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
33	14:15.00	Lena Muldoon	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
34	14:16.10	Erin Wiedmar	9/3/2008	DCAC Lightning F-S Classic - Race 1
34	14:16.10	Maddie Phillips	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
36	14:16.80	Michelle Wasz	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
37	14:19.20	Brianne Donovan	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
38	14:20.30	Erin Dermody	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
39	14:20.90	Lauren Temple	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
40	14:21.10	Natalie Remmers	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
41	14:21.80	Laura Kenney	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
42	14:22.10	Claire Hubbuch	9/3/2014	Assumption FS-JV race 1
43	14:25.30	Nichole Silverstein	8/31/2011	Assumption Frosh-Soph/JV Race 1
44	14:27.10	Olivia Wrocklage	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
45	14:27.20	Sarah Robinson	9/3/2008	DCAC Lightning F-S Classic - Race 1
46	14:29.20	Kelly Fleischer	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
47	14:30.10	Erin Crawford	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
48	14:30.40	Molly Meiners	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1
49	14:33.90	Emily Buck	9/3/2008	DCAC Lightning F-S Classic - Race 1
50	14:35.30	Carrie Hess	9/2/2009	Derby City-AHS Frosh-Soph/JV race #1