

Top 50 Performances (All-time): River Road/Champions Park 4k Course

Girls 4000m Run - River Road/Champions Park 4k Course

1	16:11.70	Melanie Strothman	10/5/2011	Assumption Frosh-Soph/JV Race 3
2	17:14.90	Nichole Silverstein	10/13/2010	Assumption Frosh-Soph/JV Race 3
3	17:29.50	Sarah Steier	10/13/2010	Assumption Frosh-Soph/JV Race 3
4	17:42.40	Carolyn Morris	10/5/2011	Assumption Frosh-Soph/JV Race 3
5	18:02.90	Delanie Parker	10/5/2011	Assumption Frosh-Soph/JV Race 3
6	18:15.20	Lily Samuel	9/19/2012	Assumption Frosh-Soph/JV race 2
7	18:19.70	Lily Samuel	10/5/2011	Assumption Frosh-Soph/JV Race 3
8	18:26.50	Kelly Morris	10/5/2011	Assumption Frosh-Soph/JV Race 3
9	18:33.90	Sydney Radcliff	10/13/2010	Assumption Frosh-Soph/JV Race 3
10	18:38.50	Ellie Herp	10/13/2010	Assumption Frosh-Soph/JV Race 3
11	18:39.60	Kelsey Albrekton	9/10/2007	Assumption JV All-Comers Meet
12	18:45.70	Amy Gettelfinger	10/13/2010	Assumption Frosh-Soph/JV Race 3
13	18:50.20	Lauren Loehnert	10/5/2011	Assumption Frosh-Soph/JV Race 3
14	18:51.90	Laura Hensler	9/10/2007	Assumption JV All-Comers Meet
15	19:07.30	Courtney Downs	9/19/2012	Assumption Frosh-Soph/JV race 2
16	19:14.70	Allison Zickel	10/13/2010	Assumption Frosh-Soph/JV Race 3
17	19:17.40	Sydney Esarey	9/19/2012	Assumption Frosh-Soph/JV race 2
18	19:23.00	Lauren Loehnert	9/21/2011	Assumption Frosh-Soph/JV Race 2
19	19:23.90	Grace Edwards	10/13/2010	Assumption Frosh-Soph/JV Race 3
20	19:25.00	Claire Schroering	9/10/2007	Assumption JV All-Comers Meet
21	19:30.30	Kathryn Burch	9/10/2007	Assumption JV All-Comers Meet
22	19:30.70	Natalie Remmers	10/13/2010	Assumption Frosh-Soph/JV Race 3
23	19:31.10	Ashley Haupt	10/13/2010	Assumption Frosh-Soph/JV Race 3
24	19:33.10	Candace Quill	10/13/2010	Assumption Frosh-Soph/JV Race 3
25	19:35.70	Leanna Burckle	9/10/2007	Assumption JV All-Comers Meet
26	19:35.90	Ashleigh Judah	9/21/2011	Assumption Frosh-Soph/JV Race 2
27	19:44.20	Meg Olash	10/13/2010	Assumption Frosh-Soph/JV Race 3
28	19:47.20	Candace Quill	9/15/2010	Assumption Frosh-Soph/JV race 2
29	19:51.80	Gabby Ringenberg	10/13/2010	Assumption Frosh-Soph/JV Race 3
30	19:52.70	Olivia Vanegas	10/5/2011	Assumption Frosh-Soph/JV Race 3
31	19:57.90	Kylie Noltemeyer	10/13/2010	Assumption Frosh-Soph/JV Race 3
32	19:58.10	Amy Czerwonka	10/13/2010	Assumption Frosh-Soph/JV Race 3
33	19:59.29	Sarah Whalen	8/30/2014	Tiger Run
34	20:08.60	Lindsay Vogel	10/5/2011	Assumption Frosh-Soph/JV Race 3
35	20:08.80	Jill Fust	10/13/2010	Assumption Frosh-Soph/JV Race 3
36	20:09.70	Colleen Bell	10/13/2010	Assumption Frosh-Soph/JV Race 3
37	20:12.20	Katie Raymond	10/5/2011	Assumption Frosh-Soph/JV Race 3
38	20:13.10	Annie Mattingly	10/13/2010	Assumption Frosh-Soph/JV Race 3
39	20:17.80	Marissa Sarlls	10/13/2010	Assumption Frosh-Soph/JV Race 3
40	20:19.60	Addie Sternberg	10/5/2011	Assumption Frosh-Soph/JV Race 3
41	20:20.70	Brittany Weaver	10/13/2010	Assumption Frosh-Soph/JV Race 3
42	20:22.00	Angela Vish	9/10/2007	Assumption JV All-Comers Meet
43	20:27.00	Emily Wiegel	8/31/2013	Tiger Run
44	20:29.20	Meredith Doll	9/10/2007	Assumption JV All-Comers Meet
45	20:30.00	Morgan Hubbs	10/5/2011	Assumption Frosh-Soph/JV Race 3
46	20:30.30	Natalie Remmers	9/15/2010	Assumption Frosh-Soph/JV race 2
47	20:31.10	Courtney Downs	9/21/2011	Assumption Frosh-Soph/JV Race 2
48	20:31.67	Madison Malloy	8/31/2013	Tiger Run
49	20:32.20	Brie Urschel	9/10/2007	Assumption JV All-Comers Meet
50	20:32.40	Rebecca Cripe	9/10/2007	Assumption JV All-Comers Meet