

All-Time Best Team Performances: Seneca Park 4k Course

Seneca Park 4k Course (cutoff: 1:40:00.0)

	Total time	Average time	Spread			
1.	1:28:12.00	17:38.40	1:53.00	Armstrong, Long, Terry, M-Borntraeger, L-Lay	9/21/2002	Valkyrie Invitational (JV race)
2.	1:30:03.00	18:00.60	1:06.00	Messerschmidt, Renfro, A-Ramser, Brewer, Cahill	10/31/1998	Regional Championship
3.	1:30:18.00	18:03.60	1:07.00	Messerschmidt, Renfro, A-Ramser, Thomas, Cahill	10/20/1998	Academy Meet
4.	1:31:20.00	18:16.00	2:33.00	E-Ramser, Laird, Bloemer, Scalise, Herman	9/18/1997	Academy Meet
5.	1:31:31.00	18:18.20	1:08.00	Laird, Bloemer, E-Ramser, Scalise, McConnell	9/23/1997	Dual Meet vs Manual, KCD, Coll, St F
6.	1:32:20.00	18:28.00	3:13.00	Laird, E-Ramser, Bloemer, Hash, Herman	8/30/1997	Tiger Run
7.	1:32:52.00	18:34.40	3:11.00	Renfro, A-Ramser, Messerschmidt, Bush, Dries	9/18/1999	Valkyrie Invitational (JV race)
8.	1:33:05.00	18:37.00	3:20.00	Hamilton, D-Taylor, Morrow, Allen, Reh	11/2/1991	Regional Championship
9.	1:33:39.00	18:43.80	4:08.00	Hamilton, D-Taylor, Morrow, Raible, Allen	9/19/1991	Academy Meet
10.	1:33:51.00	18:46.20	3:37.00	Hamilton, Morrow, Allen, Akande, Raible	10/15/1991	Dual Meet vs Ballard, Moore, Waggener
11.	1:34:26.00	18:53.20	4:14.00	Hamilton, Morrow, Raible, Reh, Bemis	10/12/1991	Big 8 Invitational
12.	1:34:38.00	18:55.60	3:39.00	Hamilton, Morrow, Allen, Austin, Reh	10/22/1991	Dual Meet vs Ballard, Mercy, Atherton
13.	1:34:49.00	18:57.80	1:05.00	Messerschmidt, Renfro, A-Ramser, Brewer, Cahill	9/22/1998	Master Schedule Meet #2
14.	1:34:56.00	18:59.20	4:14.00	Hamilton, Morrow, Allen, Raible, Akande	9/21/1991	Male Invitational
15.	1:35:15.00	19:03.00	1:35.00	Messerschmidt, Renfro, A-Ramser, Thomas, McConnell	10/6/1998	Master Schedule Meet #3
16.	1:35:16.00	19:03.20	4:38.00	Hamilton, Morrow, Raible, Allen, Akande	10/8/1991	Dual Meet vs Seneca
17.	1:35:59.00	19:11.80	3:29.00	Hamilton, Morrow, Austin, Allen, Raible	9/24/1991	Dual Meet vs Eastern, KCD
18.	1:36:21.00	19:16.20	4:25.00	Hamilton, D-Taylor, Reh, Morrow, Akande	9/17/1991	Dual Meet vs Ball, Butler, Pres, Male
19.	1:36:40.00	19:20.00	4:28.00	Hamilton, D-Taylor, Allen, Raible, Reh	9/5/1991	Dual Meet vs Mercy, Pres, Seneca, Doss
20.	1:37:20.00	19:28.00	1:28.00	Messerschmidt, Laird, Renfro, Dries, Brewer	8/29/1998	Tiger Run (JV race)
21.	1:38:26.00	19:41.20	1:06.00	A-Ramser, McConnell, Cahill, Thomas, Herman	8/29/1998	Tiger Run
22.	1:38:58.40	19:47.68	4:17.00	Haworth, Hamilton, Oerther, K-Connelly, Loran	9/15/2001	Valkyrie Invitational (JV race)
23.	1:39:09.00	19:49.80	5:11.00	Hamilton, D-Taylor, Allen, Raible, Morrow	8/31/1991	Tiger Run
24.	1:39:10.00	19:50.00	1:14.00	Baisch, M-Hahn, M-Mangino, Keal, Wetterer	10/20/1999	Academy Meet (JV race)