

## All-time Performers - Seneca Park 5k course

### Girls 5000m Run - Seneca Park Course (sub 23:30 performers)

1	18:33.59	Sarah Michels	10/31/2015	Region 4-AAA Championship
2	18:42.23	Sydney Larkin	10/31/2015	Region 4-AAA Championship
3	18:48.49	Allison Riedling	11/8/2008	Region 4-AAA Championship
4	18:57.40	Hillary Raidt	10/20/2007	Academy Meet
5	19:07.10	Laura Hamilton	10/21/2003	Academy Meet
6	19:10.05	Sara Davis	11/8/2008	Region 4-AAA Championship
7	19:14.52	Jessica Byrd	10/29/2013	Greater Louisville JV Regional
8	19:14.70	Ellen Daly	10/26/2005	Academy Meet
9	19:15.80	Kyndel Guyton	10/30/2012	Jefferson County JV Regional
10	19:16.40	Meghan Carrico	10/31/2015	Region 4-AAA Championship
11	19:21.10	Kathryn Long	10/26/2005	Academy Meet
12	19:34.10	Adrienne Curtis	10/20/2007	Academy Meet
13	19:34.30	Laura Armstrong	10/26/2005	Academy Meet
14	19:35.83	Lisi Spence	10/29/2013	Greater Louisville JV Regional
15	19:36.02	Maggie Kaelin	10/29/2013	Greater Louisville JV Regional
16	19:43.32	Madison Browning	10/29/2013	Greater Louisville JV Regional
17	19:43.45	Sophie Beavin	10/31/2015	Region 4-AAA Championship
18	19:45.20	Lauren Hayden	10/30/2012	Jefferson County JV Regional
19	19:45.66	Amy Stamon	11/8/2008	Region 4-AAA Championship
20	19:46.80	Brittany Renfro	9/15/2001	Valkyrie Invitational
21	19:56.10	Nicole Haworth	10/27/2001	Regional Championship
22	19:57.94	Abbie Wright	11/1/2011	Jefferson County JV Regional
23	20:04.60	Meredith Cahill	10/30/2012	Jefferson County JV Regional
24	20:08.80	Lauryn Grady	10/31/2015	Region 4-AAA Championship
25	20:10.50	Olivia Harlow	10/25/2008	Academy Meet
26	20:12.10	Amanda Day	10/25/2008	Academy Meet
27	20:13.00	Samantha Mahaffey	10/17/2000	Academy Meet
28	20:14.40	Ashley El Rady	10/25/2008	Academy Meet
29	20:18.20	Brittany Lay	10/27/2004	Academy Meet
30	20:21.40	Natalie Senninger	11/1/2011	Jefferson County JV Regional
31	20:23.98	Sarah Whalen	10/29/2015	Greater Louisville JV Regional
32	20:28.00	Whitney Shipman	10/26/2005	Academy Meet
33	20:28.10	Morgan Burke	11/1/2004	Region 3-AAA Championship
34	20:32.00	Andrea Terry	10/22/2002	Academy Meet
35	20:35.00	Maggie Corrigan	10/22/2002	Academy Meet
36	20:36.03	Natalie Parrott	10/29/2013	Greater Louisville JV Regional
37	20:38.21	McKenzie Browning	10/31/2015	Region 4-AAA Championship
38	20:38.90	Amanda Perkins	10/21/2006	Academy Meet
39	20:42.83	Merritt Nall	10/29/2013	Greater Louisville JV Regional
40	20:45.10	Katie Beavin	10/26/2005	Academy Meet

41	20:47.47	Molly O'Dea	10/29/2013	Greater Louisville JV Regional
42	20:49.81	Madison Malloy	10/29/2013	Greater Louisville JV Regional
43	20:50.00	Christina Karem	10/26/2005	Academy Meet
44	20:58.20	Katie Becht	10/28/2000	Regional Championship
45	21:00.94	Allie Thomas	10/29/2015	Greater Louisville JV Regional
46	21:05.20	Emily Riedling	10/30/2012	Jefferson County JV Regional
47	21:09.22	Lydia Matis	10/31/2015	Region 4-AAA Championship
48	21:11.00	Kali Brewer	10/17/2000	Academy Meet
49	21:13.53	Olivia Boughey	11/1/2011	Jefferson County JV Regional
50	21:14.40	Lindsay Marko	10/25/2008	Academy Meet
51	21:14.72	Gina Passanisi	10/29/2013	Greater Louisville JV Regional
52	21:15.60	Rachael Cawthon	10/30/2012	Jefferson County JV Regional
53	21:17.70	Debbie Ryan	10/26/2005	Academy Meet
54	21:19.40	Ellen Marko	10/25/2008	Academy Meet
55	21:19.70	Freya Diehlmann	10/21/2006	Academy Meet
56	21:20.87	Emma Baron	10/29/2015	Greater Louisville JV Regional
57	21:23.00	Maggie Messerschmidt	10/30/1999	Regional Championship
58	21:26.80	Diane Thomas	10/28/2000	Regional Championship
59	21:28.70	Isabel Caddo	10/29/2014	Greater Louisville JV Regional
60	21:30.29	Rachel O'Bryan	10/29/2015	Greater Louisville JV Regional
61	21:32.00	Paula Singer	10/26/2002	Metro Meet of Champions
62	21:33.17	Halli Wilkinson	10/29/2015	Greater Louisville JV Regional
63	21:36.24	Erin McHugh	11/1/2011	Jefferson County JV Regional
64	21:37.60	Sarah Edwards	10/21/2006	Academy Meet
65	21:38.00	Abby Ramser	9/18/2000	Valkyrie Invitational
66	21:40.20	Kelsey Albrektson	10/26/2005	Academy Meet
67	21:44.80	Kayla Franck	10/25/2008	Academy Meet
68	21:46.00	Erin Schroering	10/22/2002	Academy Meet
69	21:46.90	Bethany Lega	10/21/2006	Academy Meet
70	21:47.00	Lindsay Burns	10/27/2004	Academy Meet
71	21:49.22	Katie Dumoulin	10/29/2015	Greater Louisville JV Regional
72	21:52.90	Julia Reibel	10/9/2013	Academy FS-JV meet
73	21:54.10	Nicole Passanisi	10/25/2008	Academy Meet
74	21:54.82	Ella Kostecki	10/29/2013	Greater Louisville JV Regional
75	21:55.90	Katherine Receveur	10/9/2013	Academy FS-JV meet
76	21:56.00	Sally Masters	10/22/2002	Academy Meet
77	21:57.29	Cortney Crump	10/29/2015	Greater Louisville JV Regional
78	21:58.00	Ashley Haupt	10/12/2012	Academy Meet
79	21:59.65	Katia Vela	11/1/2011	Jefferson County JV Regional
80	22:00.50	Meredith Craven	10/25/2008	Academy Meet
81	22:00.80	Laura Lay	10/26/2005	Academy Meet
82	22:01.00	Dina Pietrantoni	10/26/2002	Metro Meet of Champions
82	22:01.00	Lauren Massey	10/20/1999	Academy Meet
84	22:01.80	Colleen McKiernan	10/25/2008	Academy Meet

85	22:03.70	Valerie Key	10/27/2004	Academy Meet
86	22:05.60	Lindsey Gerhardt	10/12/2012	Academy Meet
87	22:09.90	Katherine Blanford	10/26/2005	Academy Meet
88	22:10.00	Sarah Bush	10/17/2000	Academy Meet
89	22:11.00	Shea Chandler	10/26/2002	Metro Meet of Champions
90	22:12.90	Lily Samuel	10/12/2012	Academy Meet
91	22:13.60	Stephanie Lydon	10/9/2013	Academy FS-JV meet
92	22:15.80	Kelly Dermody	10/20/2007	Academy Meet
93	22:17.80	Sarah Miller	10/12/2012	Academy Meet
94	22:19.10	Shelby Weigel	10/30/2012	Jefferson County JV Regional
95	22:20.00	Mandy Borntraeger	10/26/2002	Metro Meet of Champions
96	22:20.10	Katie Sack	10/26/2005	Academy Meet
97	22:20.80	Karissa Moll	10/26/2005	Academy Meet
98	22:21.00	Ally Priebe	10/29/2014	Greater Louisville JV Regional
99	22:21.60	Emily Wiegel	10/9/2013	Academy FS-JV meet
100	22:22.30	Lauren Loehnert	10/9/2013	Academy FS-JV meet
101	22:26.00	Maureen Melchior	10/26/2002	Metro Meet of Champions
102	22:26.60	Taylor Dadds	10/20/2007	Academy Meet
103	22:27.00	Abbie Cahill	10/20/1999	Academy Meet
104	22:30.00	Ade Ighodaro	10/20/2007	Academy Meet
105	22:30.10	Ally Duncan	10/9/2013	Academy FS-JV meet
106	22:33.70	Rebecca Burch	10/26/2005	Academy Meet
107	22:34.00	Kathryn Burch	10/26/2005	Academy Meet
108	22:35.80	Caroline Peck	10/21/2006	Academy Meet
109	22:36.20	Abby Pike	10/25/2008	Academy Meet
110	22:38.99	Katherine Harrod	10/29/2015	Greater Louisville JV Regional
111	22:39.70	Juliann Vachon	10/16/2001	Academy Meet
112	22:41.60	Melanie Brumleve	10/25/2008	Academy Meet
113	22:42.47	Caitlin Peick	9/4/2004	Tiger Run
114	22:47.00	Lexi Sack	10/25/2003	Metro Meet of Champions
115	22:50.51	Jenna KostECKI	10/29/2015	Greater Louisville JV Regional
116	22:52.20	Laura Hellman	10/25/2008	Academy Meet
117	22:54.04	Cailin McKinney	11/1/2011	Jefferson County JV Regional
118	22:55.30	Rachel Gregor	10/20/2007	Academy Meet
119	22:56.52	Avery Snook	10/29/2015	Greater Louisville JV Regional
120	23:03.70	Brittany Smithson	10/26/2005	Academy Meet
121	23:05.00	Vanessa Hahn	10/20/1999	Academy Meet
122	23:07.00	Lauren Neichter	10/25/2008	Academy Meet
123	23:08.00	Tamara Slovacek	10/25/2008	Academy Meet
124	23:09.69	Mary Margaret Wayne	8/25/2001	Tiger Run
125	23:10.10	Brittany Vetter	10/26/2005	Academy Meet
126	23:14.00	Stephanie Esterle	10/25/2003	Metro Meet of Champions
126	23:14.00	Laura Schiller	10/26/2002	Metro Meet of Champions
128	23:15.10	Kassi Taylor	10/9/2013	Academy FS-JV meet

129	23:16.00	Megan Nevitt	10/22/2002	Academy Meet
130	23:19.10	Morgan Lewis	10/25/2008	Academy Meet
131	23:20.40	Sarah Luttrell	10/16/2001	Academy Meet
132	23:22.80	Madison Spencer	10/9/2013	Academy FS-JV meet
133	23:25.30	Maura McKiernan	10/25/2008	Academy Meet