

**Informal Team Runs + Girls only Runs.** The team meets in June for some informal group runs (which coaches will attend) and the girls meet for “girls only” runs in addition to that (where coaches do not attend and it’s just the girls on the team who meet). A schedule is provided below. All runs prior to July 15 are not official practices – these runs are voluntary, but encouraged. The emphasis will be w/ developing basic fitness, getting to know one another, etc.

<b>Date</b>	<b>Location</b>	<b>Time</b>
<b>Wednesday (June 1) – Informal Run</b>	Seneca Park	6:00 pm
<b>Friday (June 3) – Informal Run</b>	EP Tom Sawyer Pk	6:00 pm
Saturday (June 4) – Girls only Run	Seneca Park	8:30 am
<b>Sunday (June 5) – Informal Run</b>	EP Tom Sawyer Pk	5:00 pm
<b>Monday (June 6) – Informal Run</b>	EP Tom Sawyer Pk	6:00 pm
Tuesday (June 7) – Girls only Run (Group Breakfast)	EP Tom Sawyer Pk	8:00 am
<b>Wednesday (June 8) – Informal Run</b>	Seneca Park	6:00 pm
Friday (June 10) – Girls only Run	Seneca Park	8:30 am
Saturday (June 11) – Girls only Run	EP Tom Sawyer Pk	8:00 am
<b>Sunday (June 12) – Informal Run</b>	EP Tom Sawyer Pk	5:00 pm
<b>Monday (June 13) – Informal Run</b>	EP Tom Sawyer Pk	6:00 pm
Tuesday (June 14) – Girls only Run (Group Dinner)	Seneca Park	5:00 pm
<b>Wednesday (June 15) – Informal Run</b>	Seneca Park	6:00 pm
Friday (June 17) – Girls only Run	Seneca Park	6:00 pm
Saturday (June 18) – Girls only Run	Iroquois Pk	5:00 pm
<b>Sunday (June 19) – Informal Run</b>	EP Tom Sawyer Pk	5:00 pm
<b>Monday (June 20) – Informal Run</b>	EP Tom Sawyer Pk	6:00 pm
Tuesday (June 21) – Girls only Run (Group Grillout)	EP Tom Sawyer Pk	5:30 pm

<b>Date</b>	<b>Location</b>	<b>Time</b>
<b>Wednesday (June 22) – Informal Run</b>	Seneca Park	6:00 pm
<b>Friday (June 24) – Informal Run</b>	Pope Lick Pk	6:00 pm
Saturday (June 25) – Girls only Run	Seneca Park	8:00 am
Sunday (June 26) – Girls only Run	EP Tom Sawyer Pk	5:00 pm
Monday (June 27) – Girls only Run	Iroquois Park	5:00 pm
Tuesday (June 28) – Girls only Run (Group Event?)	Parklands (Pavilion by Great Egg Lawn)	9:00 am
Wednesday (June 29) – Girls only Run	Seneca Park	8:00 am
Friday (July 1) – Girls only Run	Seneca Park	8:00 am
Saturday (July 2) – Girls only Run	EP Tom Sawyer Pk	5:00 pm
Sunday (July 3) – Girls only Run	Seneca Park	8:30 am
Monday (July 4) – Girls only Run	Parklands (Pavilion by Great Egg Lawn)	6:00 pm
Tuesday (July 5) – Girls only Run (Group Event?)	EP Tom Sawyer Pk	5:00 pm
Wednesday (July 6) – Girls only Run	Seneca Park	8:30 am
Friday (July 8) – Girls only Run	Iroquois Park	8:00 am
Saturday (July 9) – Girls only Run	Seneca Park	8:30 am

**Where we meet for practice:**

- **Seneca Park:** we meet in the picnic area by the tennis courts and playground
- **EP Tom Sawyer:** we meet in the picnic area by the main parking lot, tennis courts and playground (park on the south side of the main parking lot)
- **Pope Lick Pk:** we meet in the area near the playground, soccer fields and parking lot
- **Parklands:** Beckley Creek Pk, under the pavilion by the Great Egg Lawn
- **Iroquois Pk:** near the gazebo by the Frisbee golf/main Amphitheater parking lot