

2020 Summer Cross Country Practice Schedule*							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7/12-18				6:00pm EP Tom Sawyer Pk	6:00pm Seneca Pk	<i>no practice</i>	9:00am Iroquois Pk
7/19-25	5:00pm EP Tom Sawyer Pk	6:00pm EP Tom Sawyer Pk	6:00pm EP Tom Sawyer Pk	6:00pm Pope Lick Pk	6:00pm Seneca Pk	<i>no practice</i>	9:00am Iroquois Pk
7/26-8/1	5:00pm EP Tom Sawyer Pk	6:00pm EP Tom Sawyer Pk	6:00pm EP Tom Sawyer Pk	6:00pm Pope Lick Pk	6:00pm Seneca Pk	<i>no practice</i>	9:00am Iroquois Pk
8/2-8	5:00pm EP Tom Sawyer Pk	6:00pm EP Tom Sawyer Pk	6:00pm EP Tom Sawyer Pk	6:00pm Pope Lick Pk	6:00pm Seneca Pk	<i>no practice</i>	9:00am EP Tom Sawyer Pk <b><u>Roster closes</u></b>
8/9-15	5:00pm EP Tom Sawyer Pk	6:00pm Seneca Pk	6:00pm Seneca Pk	6:00pm Seneca Pk <b><u>Freshman First day</u></b>	6:00pm Seneca Pk <b><u>School starts</u></b>	<i>no practice</i>	TBA

\***Any changes** to this schedule will be announced via twitter (@AHS\_Distance) and via email. We encourage everyone to check their email as regularly as possible over the Summer.

**Practice locations:**

- **Seneca Park** – grassy area adjacent to the tennis courts and playground
- **EP Tom Sawyer Park** – grassy picnic area by the playground and main parking lot
- **Pope Lick Park** (Parklands) – meet by John Floyd Park soccer fields and parking lot (formerly Floyds Fork Pk, address for GPS: 4002 S Pope Lick Rd, Louisville, KY 40299)
- **Iroquois Park** – picnic tables by the parking lot near the Amphitheater and Frisbee golf field

Directions to each location are provided at <http://crosscountry.ahsdistance.org>

## 2020 Assumption Cross Country important dates

<u>Date</u>	<u>Day</u>	<u>Event(s):</u>
July 15	Wed	First official practice
July 20	Mon	<b>Round 1</b> Group A assignments
Aug 5	Wed	Uniform online sale ends
Aug 8	Sat	<b>Round 2</b> Group A assignments
<b>Aug 8</b>	<b>Sat</b>	<b>Roster officially closes</b>
Aug 12	Wed	Freshman First Day
Aug 13	Thurs	First Day of School

### **Spiritwear orders (not mandatory)**

Round 1 spiritwear orders: begins (Th) July 16, ends (Th) July 30

Round 2 spiritwear orders: begins (Sat) Aug 1, ends (Tu) Aug 11

### **Mandatory Team Shirt**

begins (Th) July 16, ends (Th) Aug 6

### **Online Uniform orders**

begins (W) July 29, ends (Th) Aug 6